

NEVE.

1662.

A New Almanack and Prognostication,
serving for the year of our Lord
God and Saviour Jesus Christ, 1662.

Being the second after the Bissextile,
or Leap-Year.

Wherein is contained a double Kalender,
viz. the *Julian* or English Accompt, and
the *Gregorian* and *Ferraigne* Computations,
with the Change of the Moon, her
Full and Quarters, and time of
the Eclipses: and other ne-
cessary observations, conve-
nient to be used.

Calculated and exactly rectified for
the Elevation of the Pole Arctick, and
Meridian of the ancient and famous City
of *Norwich*, and may serve generally
for the most part of great
BRITAIN.

Practised, penned, and published
by **ROBERT NEVE** Gent.

Annually continued by the Author and his Father,
from Anno 1600. to this present year, 1662.

LONDON,

Printed by *Amo Hunt* for the Company of
Stationers. 1662.

To the Worshipfull

SAMUEL STARLING, Esq;

SHERIFFE of the CITY of

LONDON.

And a true Lover of

LEARNING

The AUTHOR out of

RELATIVE AFFECTION,

And

REAL GRATITUDE

For favours received, humbly presenteth these
his (this years)

RECREATIONS.

The contents of this Double Kalender for this year
of our Lord, God. 1662. being the second after the
Bissextile or Leap year, according to the Account
and Computation of the Church of England.

The Prime or Golden number	10
The Circle of the Sun.	19
The Epact.	20
The Roman Indiction.	15
The Dominical Letter.	U

The space between Christmas and Shrove Sunday is 6 weeks
and 4 days.

Shrove Sunday.	February	9
Easter day.	March	30
Ascension day.	May	8
Whitsunday.	May	18
Advent Sunday.	November	30

Between Trinity and Advent are Sundays 26

Between Easter and Ascension are 5 weeks and 3 days.

Between Whitsunday and Midsummer are 5 weeks & 1 day

Between Midsummer and Bartholomew is 8 weeks 4 days.

Between Bartholomew and All Saints is 9 weeks & 5 days.

The Forreign Computation.

The Golden number.	10
The Circle of the Sun.	19
The Epact.	20
The Roman Indiction.	15
The Dominical Letter.	U

Shrove Sunday.	February	15
Easter day.	April	9
Ascension day.	May	18
Whitsunday.	May	28
Advent Sunday.	December	3

The space between Christmas and Shrove Sunday is 7 weeks
and 8 days.

Between Trinity and Advent are Sundays 26.

The Anatomy of mans Body, as the parts thereof are governed by the twelve Celestial Signs of the Zodiack.

♈ Aries, Head and face.

♉ Taurus,
Neck and
throat.

♊ Cancer,
Stomach,
and ribs.

♋ Virgo,
Bowels and
Belly.

♌ Scorpio,
Secret members
♍ Capricorn,
The knees.



♎ Gemini,
Arms and
shoulders.

♏ Leo,
Heart and
back.

♐ Libra,
Hind and
Loins.

♑ Sagittarius,
The Thighs.
♒ Aquarius,
The Legs.

♓ Pisces, The feet

The Characters of the Signes, Planets, and Aspects.

♈ Aries. ♉ Taurus. ♊ Gemini. ♋ Cancer. ♌ Leo.
♍ Virgo. ♎ Libra. ♏ Scorpio. ♐ Sagittarius. ♑ Capricornus.
♒ Aquarius. ♓ Pisces. ♄ Saturn. ♃ Jupiter.
♂ Mars. ☉ Sol. ♀ Venus. ☿ Mercury. ☾ Luna. ☿ Con-
junction. * Sextile. □ Quatre. △ Trine. ♀ Opposi-
tion. ☊ Caput Draconis. ☋ Cauda ☊ Draconis.

January hath xxxi. days.

If thou be sick and help wouldst have,
The counsell of the Learned crave:
If thou have health, to keepe thee so,
Flee idleness as deadly foe.

1	a	New year day.	10	11	D	
2	b		11	00	e	Last quarter the
3	c		12	12	f	2 day 59 min.
4	d		13	14	g	after mid-day.
5	e		14	15	a	
6	f	Twelfth day.	15	16	b	
7	g		16	17	c	
8	a		17	18	d	New moone the
9	b		18	19	e	3 day, 51 min.
10	c	Sol in Aqua.	19	20	f	after 10 of the
11	d		20	21	g	clock at night.
12	e	1 sun. aft. Epi.	21	22	a	
13	f	Witnes B.	22	23	b	
14	g		23	24	c	First quarter the
15	a		24	25	d	16 day, 34 min.
16	b		25	26	e	after 11 of the
17	c		26	27	f	clock at night.
18	d		27	28	g	
19	e	2 sun. aft. Epi.	28	29	a	
20	f	Octa of Ep.	29	30	b	
21	g		30	31	c	
22	a		31	1	d	February. 1660.
23	b	Term begins.	1	2	e	Purif. of Mary.
24	c		2	3	f	
25	d	Week of Jan.	3	4	g	
26	e	Septuagesima.	4	5	a	
27	f		5	6	b	Full Moone the
28	g	Quind. Feb.	6	7	c	24 day, 50 min.
29	a		7	8	d	after 5 of the
30	b		8	9	e	clock in the
31	c		9	10	f	morning.

February hath xxviii. days.

Be choice of food in any wise;

To keep thee warm also precise.

Beware no Surgeon let thee bleed,

Except the learned think it good.

1	D	Ascension	24	11	g	Last quarter the
2	g	Purif. of Mary	25	12	a	8 day, 16 min.
3	f	Cath. Purif.	26	13	b	at 9 of the clock
4	g		27	14	c	in the forenoon
5	a		28	15	d	
6	b		29	16	e	
7	c		30	17	f	
8	D	Sol in Pisces	1	18	g	New Moon the
9	g	Shrove Sund.	2	19	a	8 day, 2 min.
10	f	Cath. Purif.	3	20	b	4 of the clock in
11	g		4	21	c	the afternoon.
12	a	Term ends.	5	22	d	
13	b		6	23	e	
14	c	Valentin.	7	24	f	Matthias Apost.
15	D		8	25	g	First quarter the
16	g	Quadragesima	9	26	a	15 day, 22 min.
17	f		10	27	b	at 8 of the clock
18	g		11	28	c	in the morning
19	a		12	29	d	March. 1661
20	b		13	30	e	
21	c		14	31	f	Full moon the
22	D		15	1	g	21 day, 5 min.
23	g	3 sun. in Lent	16	2	a	after 11 of the
24	f	Matthias Apost.	17	3	b	clock at night
25	g		18	4	c	
26	a		19	5	d	
27	b		20	6	e	
28	c		21	7	f	
29	D		22	8	g	
30	g		23	9	a	
31	f		24	10	b	

March hath xxxi. da ys.

New Bleed and Bathe if thou desire,
And Purge also, if need require:
Ill humours do in many breed,
Provide in time before thou need.

1	d		Segit.	2	11	b	Last quarter the
2	e	3. Sun. in Lent.	Segit.	1	12	a	3 day, 48 min.
3	f		Segit.	2	13	b	at 3 of the clock
4	g		Segit.	3	14	c	in the morning.
5	a		Segit.	4	15	d	
6	b		Aquar.	5	16	e	
7	c		Aquar.	6	17	f	
8	d		Aquar.	7	18	g	
9	e	4. Sun. in Lent.	Aquar.	8	19	a	
10	f	Sol in Aries.	Aquar.	9	20	b	New Moone the
11	g		Aquar.	10	21	c	10 day, 27 min.
12	a		Aquar.	11	22	d	at 2 of the clock
13	b		Aquar.	12	23	e	in the morning.
14	c		Aquar.	13	24	f	
15	d		Aquar.	14	25	g	Annua. of Mary.
16	e	5. Sun. in Lent.	Aquar.	15	26	a	First quarter the
17	f		Aquar.	16	27	b	16 day, 3 min.
18	g		Aquar.	17	28	c	at 7 of the clock
19	a		Aquar.	18	29	d	at night.
20	b		Aquar.	19	30	e	
21	c		Aquar.	20	31	f	
22	d		Aquar.	21	1	g	April 1661.
23	e	Palm Sunday.	Aquar.	22	2	a	
24	f		Aquar.	23	3	b	
25	g	Annua. Mary.	Aquar.	24	4	c	Full Moone the
26	a		Aquar.	25	5	d	24 day, 24 min.
27	b		Aquar.	26	6	e	at 4 of the clock
28	c		Aquar.	27	7	f	in the afternoon
29	d		Aquar.	28	8	g	
30	e	Easter day.	Aquar.	29	9	a	Easter day.
31	f		Aquar.	30	10	b	

April hath xxx. daye.

New wholesome Bathes thou mayest frequent,
 Let blood also, and not repent:
 These be good remedies that to defend
 From griefes, the which on thee attend.

1	E		Capricorn	19	11	C	Last quarter the
2	A		Aquarius	20	12	D	1 day, 14 min.
3	B		Pisces	21	13	E	at 5 of the clock
4	C		Aries	22	14	F	in the afternoon
5	D		Taurus	23	15	G	
6	E	Low Sunday.	Gemini	24	16	H	
7	F		Cancer	25	17	I	
8	G		Leo	26	18	J	New Moone the
9	A		Virgo	27	19	K	8 day, at 11 of
10	B	Sol in Cancer.	Libra	28	20	L	the clock in the
11	C		Scorpio	29	21	M	forenoon.
12	D		Sagittarius	30	22	N	
13	E	1. Sun. aft. East	Capricorn	31	23	O	
14	F	Quintid. Pasch.	Aquarius	1	24	P	First quarter the
15	G		Pisces	2	25	Q	15 day, 4 min.
16	A	Term Begins.	Aries	3	26	R	at 6 of the clock
17	B		Taurus	4	27	S	in the morning
18	C		Gemini	5	28	T	
19	D		Cancer	6	29	U	
20	E	3. Sun. aft. East	Leo	7	30	V	
21	F	Trid. Pasch.	Virgo	8	31	W	May. 1661
22	G		Libra	9	1	X	
23	A		Scorpio	10	2	Y	
24	B		Sagittarius	11	3	Z	
25	C	Mark Evang.	Capricorn	12	4	A	Full moon the
26	D		Aquarius	13	5	B	2 day, 13 min.
27	E	4. Sun. aft. East	Pisces	14	6	C	after 9 of the
28	F	Quintid. Pasch.	Aries	15	7	D	clock in the
29	G		Taurus	16	8	E	forenoon.
30	A		Gemini	17	9	F	

May hath xxxi. days.

Rise early now this month of May,
And walke the fields that be so gay:
From fasting see thou reffraine,
For soone it will procure thy paine.

1	b	Philip & Iacob	Toga.	29	11	e	Last quarter the
2	c		Pols.	30	12	f	day, 19 min.
3	d		Pols.	31	13	g	aft. 3 of the clock
4	e	Regat. sund.	Brick	7	14	a	in the morning.
5	f	Quin Hatch.	Brick	8	15	b	
6	g		Canon	9	16	c	New Moons the
7	a		Cast.	10	17	d	7 day, about 8
8	b	Ascension day.	Can.	11	18	e	of the clock at
9	c	Whit. Blon.	Can.	12	19	f	night.
10	d		Canon	13	20	g	
11	e	Sol in Gem.	Canon	14	21	a	
12	f	Term ends.	Can.	15	22	b	First quarter the
13	g		Can.	16	23	c	14 day, 54 min.
14	a		Can.	17	24	d	aft. 7 of the clock
15	b		Can.	18	25	e	at night.
16	c		Can.	19	26	f	
17	d		Can.	20	27	g	Full Moons the
18	e	Whitfunday.	Canon	21	28	a	23 day, about
19	f		Canon	22	29	b	18 of the clock
20	g		Canon	23	30	c	at night.
21	a		Canon	24	31	d	
22	b		Canon	25	1	e	June. 1662.
23	c		Canon	26	2	f	
24	d		Canon	27	3	g	
25	e	Trinity sund.	Canon	28	4	a	Trinity sunday.
26	f	Term ends.	Canon	29	5	b	Last quarter the
27	g		Canon	30	6	c	30 day, 43 min.
28	a		Canon	31	7	d	after 10 of the
29	b		Canon	1	8	e	clock in the fore-
30	c	Term begins.	Canon	2	9	f	noon.
31	d		Canon	3	10	g	

June hath xxx. dayes.

Drinke new or sweet, caffer not at all,
 For thereby grows no danger (small)
 And to thy selfe such paine take,
 As may in God thee merry make.

1	C	1 st Sun. aft. Trin.	Bri.	17	11	21	New moone the
2	F	Dash. Trin.	Caur.	18	12	b	6 day, 3 rd min.
3	G	2 nd Sun. aft. Trin.	Caur.	19	13	c	af. 1 of the clock
4	A	3 rd Sun. aft. Trin.	Com.	20	14	d	in the morning.
5	B	4 th Sun. aft. Trin.	Com.	21	15	e	
6	C	5 th Sun. aft. Trin.	Cancer	22	16	f	
7	D	6 th Sun. aft. Trin.	Cancer	23	17	g	
8	E	7 th Sun. aft. Trin.	Cancer	24	18	A	2 nd Sun. aft. Trin.
9	F	8 th Sun. aft. Trin.	Leo	25	19	b	First quarter the
10	G	9 th Sun. aft. Trin.	Leo	26	20	c	13 day, 52 min.
11	A	Sol in Capern.	Vir.	27	21	d	at 11 of the clock
12	B	10 th Sun. aft. Trin.	Vir.	28	22	e	in the forenoon.
13	C	11 th Sun. aft. Trin.	Libra	29	23	f	
14	D	12 th Sun. aft. Trin.	Libra	30	24	g	John Bapt.
15	E	13 th Sun. aft. Trin.	Libra	31	25	A	Full Moone the
16	F	14 th Sun. aft. Trin.	Scor.	1	26	b	22 day, 49 min.
17	G	15 th Sun. aft. Trin.	Scor.	2	27	c	after mid-day.
18	A	Term ends.	Sagit.	3	28	d	
19	B	16 th Sun. aft. Trin.	Sagit.	4	29	e	Peter and Paul.
20	C	17 th Sun. aft. Trin.	Sagit.	5	30	f	
21	D	18 th Sun. aft. Trin.	Sagit.	6	31	g	July. 1666.
22	E	19 th Sun. aft. Trin.	Sagit.	7	32	A	4 th Sun. aft. Trin.
23	F	20 th Sun. aft. Trin.	Sagit.	8	33	b	
24	G	21 st Sun. aft. Trin.	Sagit.	9	34	c	
25	A	22 nd Sun. aft. Trin.	Sagit.	10	35	d	Last quarter the
26	B	23 rd Sun. aft. Trin.	Sagit.	11	36	e	28 day 13 min.
27	C	24 th Sun. aft. Trin.	Sagit.	12	37	f	af. 4 of the clock
28	D	25 th Sun. aft. Trin.	Sagit.	13	38	g	in the afternoon.
29	E	26 th Sun. aft. Trin.	Sagit.	14	39	A	5 th Sun. aft. Trin.
30	F	27 th Sun. aft. Trin.	Sagit.	15	40	b	

July hath xxxi. dayes.

Perfume thy house with favours sweet,
But such as are for purpose meet:
Abroad as thou in streets dost goe,
Defend thy selfe from stinkes also.

1	A	Taur.	26	11	S	
2	A	Gem.	10	12	D	New Moone the
3	b	Gem.	29	13	E	5 day, 13 min.
4	c	Canc.	9	14	F	21.21 of the clock
5	D	Canc.	23	14	G	in the forenoon.
6	E	6 sun aft. Trin.	6	16	H	6 sun. aft. Trin.
7	F	Leo.	26	17	D	
8	G	Virgo	3	18	C	
9	H	Virgo.	15	19	D	First quarter the
10	b	Virgo.	28	10	E	13 day, 49 min.
11	c	Libra.	10	21	F	11.4 of the clock
12	D	Libra.	22	22	G	in the morning.
13	E	Selin Leo.	3	23	H	7 sun. aft. Trin.
14	F	Scorp.	15	24	D	
15	G	Scorp.	27	25	C	James Apost.
16	H	Sagit.	8	26	D	Pull Moone the
17	b	Sagit.	21	27	E	10 day, about 12
18	c	Capric.	4	28	F	1 clock at night.
19	D	Dog days beg.	13	29	G	
20	E	8 sun. aft. Trin.	26	30	H	8 sun. aft. Trin.
21	F	Aqua.	14	31	D	
22	G	Aqua.	27		C	August. 1669.
23	H	Shakes.	12		D	
24	b	Shakes.	25		E	
25	c	James Apost.	7		F	
26	D	Aries.	24		G	Last quarter the
27	E	9 sun. aft. Trin.	6		H	17 day, 15 min.
28	F	Canc.	12		D	11.9 of the clock
29	G	Gem.	7		C	at night.
30	H	Gem.	19		D	
31	b	Canc.	4		E	

August hath xxxi. days,

As burning heat will thee destroy,
So silvering cold will thee annoy:
Let little Rapes thee now consume,
Furge not, nor bleed, lest thou repent;

1	c	Lammas day.	Cans.	18	11	f	New Moone the
2	d		Leo.	2	12	g	3 day, 27 min.
3	e	10 sun. aft. Tri.	Leo.	15	13	a	10 of the
4	f		Leo.	28	14	b	clock at night.
5	g		Virgo.	11	15	c	
6	a		Virgo.	33	16	d	
7	b		Libra.	5	17	e	
8	c		Libra.	17	18	f	
9	d		Libra.	29	19	g	First quarter the
10	e	11 sun. aft. Tri.	Scorp.	11	20	a	11 day, about 11
11	f		Scorp.	23	21	b	of the clock at
12	g		Sagitt.	5	22	c	night.
13	a	Sol in Virgo.	Sagitt.	17	23	d	
14	b		Sagitt.	29	24	e	Barthol. Apost.
15	c		Capric.	12	25	f	Full Moone the
16	d		Capric.	25	26	g	19 day, 6 min.
17	e	12 sun. aft. Tri.	Aqua.	9	27	a	10 of the clock
18	f		Aqua.	23	28	b	in the forenoon.
19	g		Pisces.	7	29	c	
20	a		Pisces.	20	30	d	
21	b		Pisces.	6	31	e	
22	c		Aries.	20	1	f	Septemb. 1662.
23	d		Taur.	3	2	g	
24	e	Barthol. Apost.	Taur.	19	3	a	
25	f	13 sun. aft. Tri.	Gem.	3	4	b	
26	g		Gem.	17	5	c	Last quarter the
27	a	Dog days end.	Canc.	1	6	d	16 day, 47 min.
28	b		Canc.	15	7	e	1 of the clock
29	c		Canc.	28	8	f	in the morning.
30	d		Leo.	11	9	g	
31	e	14 sun. aft. Tri.	Leo.	24	10	a	

September hath xxx. dayes,

Raw fruit though ripe, may sickness bring,
 Unripe much eaten, a dangerous thing:
 If now a Scurfe thou dost take,
 When others sleep, then thou must wake.

1	c	Virgo	7	11	b	New moone the	
2	d	Virgo	19	12	s	2 day, 3 min.	
3	e	Libra	2	13	d	after mid-day.	
4	f	Libra	14	14	e		
5	g	Libra	26	15	f		
6	h	Serp.	8	16	g		
7	c	15 Sun. af. Tri.	Scorp.	19	17	h	First quarter the
8	d		Sagitt.	1	18	b	10 day, 3 min.
9	e		Sagitt.	13	19	s	aft. 4 of the clock
10	f		Sagitt.	25	20	d	in the afternoon.
11	g		Sagitt.	8	21	e	Maith. Apost.
12	h		Sagitt.	20	22	f	Full moone the
13	c	Sol in Libra.	Sagitt.	3	23	g	17 day, 30 min.
14	d	6 Sun. af. Tri.	Aquar.	17	24	s	at 7 of the clock
15	e		Pisc.	0	25	d	at night.
16	f		Pisc.	12	26	e	
17	g		Pisc.	24	27	f	
18	h		Aries	14	28	g	
19	c		Aries	26	29	h	Michael Arch.
20	d		Taur.	14	30	i	
21	e	Maith. Apost.	Taur.	26	1	a	October. 1662.
22	f	17 Sun. af. Tri.	Gem.	14	2	b	
23	g		Gem.	26	3	c	Last quarter the
24	h		Canc.	14	4	d	24 day, 36 min.
25	c		Canc.	26	5	e	after 10 of the
26	d		Leo	8	6	f	clock in the fore-
27	e	27 Sun. af. Tri.	Leo	21	7	g	noon.
28	f	18 Sun. af. Tri.	Virgo	3	8	h	18 Sun. af. Trin.
29	g	Michael Arch.	Virgo	14	9	i	
30	h	29 Sun. af. Tri.	Virgo	26	10	a	

October hath xxxi. dayes.

Warm clothes must now provided be:
 Also warm meate be good for thee:
 Have good regard thy feet be dry:
 Thou shalt avoid nru h harm thereby.

1	a	Libra	10 1	D	New moone the
2	b	Libra	21 12	e	2 day, 24 min.
3	c	Scorp.	4 13	f	ast. 4 of the clock
4	d	Scorp.	16 14	g	in the morning.
5	e	Scorp.	28 15	a	19 sun. aft. Trin.
6	f	Sagitt	10 16	b	
7	g	Sagitt	22 17	c	First quarter the
8	a	Sagitt	4 18	d	10 d y, about 8
9	b	Capric	12 19	e	of the clock in
10	c	Cap.	19 20	f	the morning.
11	d	Aqua.	12 21	g	
12	e	Aqua.	25 22	a	10 sun. aft. Trin.
13	f	Scorpio	4 23	b	
14	g	Pisces	23 24	c	Full moone the
15	a	Aries	8 25	d	17 day, about 3
16	b	Vires	23 26	e	of the clock in
17	c	Taur.	8 27	f	the morning.
18	d	Taur.	23 28	g	Simon and Jude
19	e	Gem.	8 29	a	21 sun. aft. Trin.
20	f	Gem.	23 30	b	
21	g	Can.	7 31	c	
22	a	Can.	21 1	d	Novemb. 1662.
23	b	Leo	5 2	e	
24	c	Leo	18 3	f	Last quarter the
25	d	Virgo	0 4	g	23 day, 51 min.
26	e	Virgo	13 5	a	ast. 9 of the clock
27	f	Virgo	25 6	b	at night.
28	g	Lib.	7 7	c	New Moone the
29	a	Libra	19 8	d	31 day, 56 min.
30	b	Scorp.	1 9	e	after 10 of the
31	c	Scorp.	13 10	f	clock at night.

November hath xxx. dayes.

If Rheumes doe now molest thy head

It is not ill to sweare in bed :

Feed on good meates, if stomacke serve,

Else sake for that which doth preserve.

1	d	All Saints.	(Scorp.	25	11	g	First quarter the
2	e	sun. af. Trin	Sagit.	7	12	g	8 day, 57 min.
3	f	Craft. Inten.	Sagit.	19	13	b	after 9 of the
4	g		Capp.	1	14	c	clock at night.
5	a	Powd. Treas.	Capp.	13	15	d	
6	b		Capp.	25	16	e	
7	c		Squar.	8	17	f	Full moone the
8	d		Squar.	21	18	g	19 day, 49 min.
9	e	sun. af. Tri.	Sifters	4	19	a	at 2 of the clock
10	f		Wife.	18	20	b	in the afternoon.
11	g	Martin Bish	Arch.	2	21	c	
12	a	Solin Sagit.	Bries	16	22	d	
13	b		Caur.	1	23	e	Last quarter the
14	c		Caur.	16	24	f	22 day, 5 min.
15	d		Shu.	1	25	g	after 1 of the clock
16	e	sun. af. Tri.	Gen.	16	26	a	in the afternoon.
17	f		Can.	1	27	b	
18	g	Octab. Mar.	Canter	16	28	c	
19	a		Leo	6	29	d	
20	b		Leo	19	30	e	Andrew Apost.
21	c		Leo	27	1	f	Decemb. 1661.
22	d		Vir.	10	2	g	
23	e	sun. af. Trin	Vir.	22	3	a	Advent Sunday
24	f		Libra	4	4	b	New Moon the
25	g		Libra	16	5	c	30 day, 46 min.
26	a	Quint. Mar.	Libra	28	6	d	after 5 of the clock
27	b		Scor.	10	7	e	in the afternoon
28	c	Term ends.	Scor.	22	8	f	
29	d		Sag.	4	9	g	
30	e	Advent Sund.	Sagit.	16	10	a	2nd Sund. in Adv.

December hath xxxi. days.

New cold December is come in,
And poore Maribacke is clothed thin;
Feed and clothe them as ye may,
The Lord will it threefold repay.

1	f		Sagit.	12 11	b	First quarter the
2	g		Cap.	10 12	c	8 day, 41 min.
3	a		Cap.	23 13	d	after 9 of the
4	b		Scor.	5 14	e	clock in the fore
5	c		Scor.	18 15	f	noon.
6	d		Pisces	1 16	g	
7	e	1 Sun, in Adv.	Pisces	14 17	a	3. sun. in Adv.
8	f		Pisces	27 18	b	Full moon the
9	g		Tries	11 19	c	15 day, 34 min.
10	a		Tries	15 20	d	after 1 of the
11	b	Sol. in Capric.	Taur.	10 21	e	clock in the mor
12	c		Taur.	23 22	f	ning.
13	d		Gem.	10 23	g	
14	e	3 sun. in Adv.	Gem.	23 24	a	4. sun. in Adv.
15	f		Cancr.	10 25	b	Last quarter the
16	g		Cancr.	24 26	c	23 day, 24 min.
17	a		Leo	8 27	d	after 8 of the clock
18	b		Leo	21 28	e	in the morning.
19	c		Vir.	5 29	f	
20	d		Vir.	18 30	g	
21	e	Thomas Apok.	Libra	0 31	a	
22	f	1 Sun, in Adv.	Libra	13 1	b	January. 1662
23	g		Libra	25 2	c	
24	a		Scor.	6 3	d	
25	b	Christ day.	Scor.	18 4	e	New Moon the
26	c	Stephen.	Sag.	0 5	f	30 day, 48 min.
27	d	Iohn.	Sagit.	13 6	g	after 11 of the
28	e	Innocent.	Sagit.	26 7	a	clock in the fore
29	f		Cap.	6 8	b	noon.
30	g		Cap.	19 9	c	
31	a		Aquar.	2 10	d	

NEVE. 1662.

A PROGNOSTICATION,

Serving for the yeare of our

Lord God and Saviour

Jesus Christ 1662.

Wherein you may observe the

grounds of the alteration and condition

of the Foure Quarters of this yeare: As

also the disposition of the Aire, for each severall

Moneth, according to the inclination

of the Celestiall bodies, with the change of the

Moone, her full, and Quarters, and the time

of the Eclipses, with other things fit to

be known and observed.

Calculated, and especially referred to

the Longitude and Elevation of the

Pole Artick, of the antient and famous City

of *Norwich*, and may serve generally

for all ENGLAND.

Collected, composed and published by *Rob. Neve* Gent.

Annually Collected by the Authour

and his Father from Anno 1600. to

this present year 1662.

Printed at *London* for the Company

of Stationers. 1662.

A brief and necessary Computation of years,

From the Creation of the World to this present	3671
From the Creation to the Flood	1656
From the Flood to Christ	2306
From Moses to Christ	1514
The promised seed of Abraham	3589
The Israelites departed out of Egypt	3139
The destruction of Troy	2842
Brute entred this Island	2769
The building of the Temple of Solomon	2879
The building of the City of Rome	2414
Nebucadonozer the King	2409
Alexander the great dyed	1986
Julius Caesar was slain with bodkins	1711
The happy birth of our Saviour Christ	1662
Jerusalem was destroyed by Titus Vespasian	1579
England first receivd the Christian faith	1480
The Danes entred England	842
The Conquest of England	596
The Invention of Printing	202
King Henry the 8 wonn Bulloyn	119
Ketts Rebellion at Norwich	114
The Infectious sweating sicknesse	105
Saint Pauls Steeple fired	101
The great Plague at New Haven	93
The blasing star and frosty winter	90
The first Apparition in the Heavens	88
The deep Snow	82
The generall Earthquake in England	81
The Camp at Tilbury in Essex	74
The Powder Treason	57
Suttons Hospital founded	48
The last Blasing-star	44
The downfall in Black Friars	40
The last great Plague	37
The fire on London Bridge	30
The fight at Edge-hill, October 23	20
The fight at Nasby, June 14	17

Since

**A Brief and necessary Rule, for the
beginning and ending of the foure
Termes, with their Returnes,**

Hilary Terme begins January 23 and endeth Febr.
12 and hath foure Returnes.

Oſtab. Hilar. Janu. 20 } } Craft. Purif. Febr. 3.
Quind. Hilar. Janu. 28 } } Oſtab. Purif. Febr. 10.

Eaſter Terme begins 17 dayes after Eaſter, and endeth
foure dayes after Aſſenſion day, & hath 5 Returnes.

Quind Paſch. Aprill 14 } } Quinq; Paſch. May 5.
Tres Paſch. Aprill 21. } } Craft. Aſcen. May 9.
Menſe. Paſch. Aprill 28. } }

Trinity Terme begins the Friday after Trinity Sun-
day, and ends the Wednesday fortnight after, and
hath foure Returnes.

Craft. Trin. May 26. } } Quind. Trin. Iune 9.
Oſtab. Trin. Iune 2. } } Tres Trin. Iuly 16.

Michaelmas Terme begins October 23 and endeth
the 28 of November, and hath fixe Returnes.

Tres Mich. Oſtab. 20. } } Craft. Mart. Novem. 12
Menſe. Mich. Oſtab. 27. } } Oſtab. Mart. Nove. 18
Craft. Anim. Novem. 3. } } Quind. Mart. Nove. 26

Note that the Exchequer openeth 8. dayes before
any Terme begins, except Trinity Terme, in which
it openeth only foure dayes before.

**On theſe dayes following, the Judges
ſit not at Weſtminiſter.**

In { Hilary
Eaſter
Trinity
Michael. } Terme, on { Candlemas
Aſcenſion
Midſomer
ſoliholland } Day.

A most plaine and easie table, shewing the true
time of the beginning, continuance, and yeares since,
the Reign of each King and Queen, in *England*, from
the Conquest, untill this year 1662. collected forth
of Chronicles, and set forth for the profitable
use of Lawyers, Scriveners, &c.

The Kings Names.	Began their Reign.	Reigned yeares. mo. da.	Since their Reign.
W. Conqu.	1066. Oct. 15	20. y. 11. m. 22. d.	596. Sept. 5
W. Rufus.	1087 Sep. 9	12. y. 11. m. 19. d.	575. Aug. 1
Henry 1.	1100 August 1	25. y. 4. m. 1. d.	562. Dec. 2
Stephen.	1135 Decem. 2	18. y. 11. m. 18. d.	527. Oct. 25
Henry 2	1154 Oct. 25	34. y. 9. m. 1. d.	508. Iuly 6
Richard 1	1189 Iuly 6	9. y. 9. m. 0. d.	473. Apr. 6
King John	1199 Aprill 6	19. y. 7. m. 0. d.	463. Oct. 19
Henry 3	1216 Octo. 19	56. y. 1. m. 0. d.	446. No. 16
Edward 1	1272 Nov. 16	34. y. 8. m. 6. d.	390. Iuly 7
Edward 2	1307 Iuly 7	19. 7. m. 5. d.	355. Jan. 25
Edward 3	1326 Janu. 25	50. y. 5. m. 7. d.	336. Iun. 21
Richard 2	1377 Iune 21	22. y. 3. m. 14. d.	284. Sep. 29
Henry 4	1399 Sept. 29	13. y. 6. m. 3. d.	263. Mar. 20
Henry 5	1412 March 20	9. y. 5. m. 24. d.	250. Au. 31
Henry 6	1422 Aug. 31	38. y. 6. m. 8. d.	240. Mar. 4
Edward 4	1460 March 4	22. y. 1. m. 8. d.	202. Apr. 9
Edward 5	1483 Aprill 9	0. y. 2. m. 18. d.	179. Iun. 22
Richard 3	1483 Iune 22	2. y. 2. m. 5. d.	179. Au. 22
Henry 7	1485 Aug. 22	23. y. 10. m. 2. d.	177. Au. 22
Henry 8	1509 Aprill 22	37. y. 10. m. 2. d.	153. Ap. 22
Edward 6	1547 Janu. 28	6. y. 5. m. 19. d.	116. Iuly 6
Queen Ma.	1553 Iuly 6	5. y. 4. m. 22. d.	100. No. 17
Queen Eliz	1558 Nov. 17	44. y. 4. m. 16. d.	104. Mar. 24
King Jam.	1602 Mar. 24	22. y. 0. m. 3. d.	60. Mar. 27
King Char.	1625 Mar. 27	22. y. 10. m. 2. d.	32. I. 30
K. Ch. 2 1648 Jan. 30 whom God grant long t. reign.			

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Of all the Eclipses which shall happen this present yeare of our Lord God. 1662.

There will be onely two Eclipses of the Sun this present yeare, one of which happens in March before the Suns Apogee, and the other in September, after the Suns Apogee, and both of them Central and neere the Nodes, so that there can be no total Eclipses this yeare.

Peri potest, ut duo nudi Novilunia proxima & centralia vel quasi, contingant unius semestris intervallis, unum ante solis Apogeeon, alterum post illud; quo casu eo anno lunari nullum contingeret plenilunium eclipsicum. Keil. Epist. Astr. pag. 881. Reg. 3.

The first Eclipse of the Sun happens on Monday morning the 10. of March, 4. min. after 2. of the clock in the morning. This Eclipse will be seene of such as sail upon the Indian Sea, beyond the Line, about Green Islands, neere Nova Guinea, where it will appeare Corall. It may also be observed in the Islands Sumatra, Borneo, the Java's, & in the Luchach, Beach and Galetter Kingdomes, &c. but it will be there of lesse quantity.

The other Eclipse of the Sun will be on Tuesday the second of September, about high noon, yet nevertheless it cannot be visible to us in respect of the Parallax of the Moon, but it will be a great Eclipse in Guiana, a Region of Africa, in somuch that about Gago, Modinga, Gubar, and some places neere the black River, it will be almost total, but because it will not be visible to us I forbear to mention it further.

The great conjunctions of great Starrs,

The Eclipse of Sun and Moon:

Doth threat great death, great Deatch and wars,

If we repeat not soon.

Now God above, and wrath above,

And Heaven above relent:

And man beneath, and sin beneath,

And earth beneath Repent.

Courteous

Curteous Reader.

AT the *Hand and Vainal* in *Jacobs Street* near *Redriff wall*, dwelleth an Able Physician formerly Student in the *Vniversity of Oxford*, who hath made it the chief of his Studies to cure these distempers.

He cureth the *Prisick* or shortnesse of breath in old or young (although of long continuance.)
Consumptions of the *Lungs* by way of *Fumigation*, when all other means may not prevail.

He giveth present ease to all that cannot make water. He also cureth such as cannot hold their water.

All sorts of *Gouts* presently takes the paine away, of most making a perfect cure, *Agues* or *Fevers*.

Dropsies or *Tinpany*, *Tooth-ach* immediately.
Wormes and *Rickets* in *Children*.

All *Obstructions* of the *Spleen*, *Liver* or *Gaul*,
Inveterate pains of the *Head* or *Bones*.

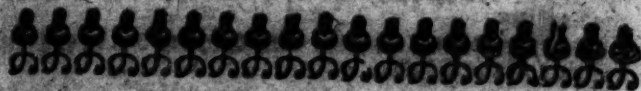
Sore Eyes, *Stinking breath*.

He hath an excellent *Bolus* and *plaster* to prevent *miscarriages* in women, often experienced in this *Citty*.

A pretious powder against *windinesse* of the *Stomack*, and helps *concoction*.

The *POX* or *Foul Disease*, known by paines in the *Head*, *Shoulders*, *Armes*, *Back*, *Leggs*, and several other *indispositions* of the body; He effectually cures without keeping the house, or friends taking notice.

He perfectly cures the running of the *Reins*, a distemper well known by a *scalding heat* in the *Vrine* and *Issue* at yeard.



Some brief Rules for Husban- dry and Gardening.

The best time to sow all kind of corn, is when the
Moon is in Cancer.

The best time to plant and graft, is in the increase
of the Moon, the being in Taurus, Virgo, or Capricornus.

Remove and set young trees from October till Fe-
bruary, in the first quarter of the Moon, the being
in Taurus or Capricornus.

Crop trees and fell wood, that the stock may the
better and sooner grow again, when the Moon is in
the first quarter.

Fell timber in December and January, in the old of
the Moon is best: but if you would have it grow a-
gain, cut it down in the new of the Moon.

The best time to cut vines, is in the end of Janu-
ary, in February, and in the beginning of March, the
Moon increasing in Taurus, Virgo or Capricornus.

Cut hedges between the change and full, from the
end of January, till the beginning of June.

Set and sow all kind of seeds, the moon being in
Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius,
or Pisces: But the seeds whose roots be round, must
be sown three or four daies before or after the full
moon.

Gather all manner of fruits, near the full Moon,
in a dry time, gather flowers, and seeds for sowe, at
the full of the Moon.

Weld cattell, the Moon being in Aries, Sagittarius,
or Capricornus: Sheare sheep, out hair that it may the
sooner grow again, the Moon increasing, that is
from the change to the full.

To muck your land that weeds may not abound,
is best in the last quarter of the Moon.

A fit time to kill the swine is in the increase, with
the

A Prognostication

the full of the Moon, the last will the better endure the boyling.

Defrey wens, warts, and Coxes &c. in the last quarter of the Moon.

Brief Rules and necessary Observations concerning Bleeding, Bathing, Purging, and sweating, according to the motions of the Moon.

Of bleeding.

When the weather is extrem hot or cold, it is not then convenient either to let blood or purge, unless some great necessity require it: yet notwithstanding if this blood-letting be for the Phlegme, the Spasme, for a continuall headach, proceeding of Choler or blood, or any hot burning fever, or other extrem pain, a man in such a cause, may not stay for a chosen time, because the patient might miscary in the mean season, but in this aforesaid cause of extremity, blood is not to be let in such a quantity as otherwise it would, if a chosen time might be conveniently expected.

The best time to let the Phlegmatick blood, is when the moon is in Aries, or Sagittarius, the head and thighs excepted.

For Melancholy, the moon being in Libra, or Aquarius, the buttocks and leggs excepted.

For the Choleick, the moon being in Cancer, Scorpio or Pisces, the breast and feet excepted.

For the Sanguine, all be good which before is named.

In the Spring time let blood at the right side.

In Harvest time, let blood on the left side.

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Of Bathing.

Bathing is commonly used rather for pleasure than for profit, especially where hot houses are overmuch haunted, but I intend not to speak of them otherwise than to admonish those that tender their own health, to be wary and circumspect in resorting unto them, without cause, and immediately after of such persons, as be unclean.

Know it is not good to Bath, the moon being in earthy signes, as in Taurus, Virgo, or Capricornus, the reason is, because they are of a cold nature, and the nature of cold, is to restrain and bind: and so the Moon being in these signes, the pores of the body are closed and shut: So there can be no resolution of humours and superfluities, which by bathing ought to be abolished.

But in fiery signes, when the moon is in Aries, Leo, or Sagittarius, then it is a good time for bathing, for then the body is apt to resolution: for it is the nature of heat, to open and resolve.

It is best bathing two or three daies after the change, and at the full of the moon, for then the superfluities are ripe and ready to be abolished, and disposed to flow and issue out, which indeed is the true use of bathing.

If any will enter the Bath for cleanness sake, let the moon be in Libra or Pisces.

Furthermore if bathing be used for health, let the party pleased learne of the wise Physician, whether his sickness had need of moistning or drying: for it is require moistning, as in Pehis, and such like, then let him bath in watry signes, having good aspect with Jupiter or Venus, But if the sickness require drying, as in Paralysis, and the like, then let him bath, the Moon being in fiery signes, having good aspects with Mars and the Sun.

Also before you enter into any bath, your body must be first prepared and purged, for if you go in unprepared, peradventure you may be worse than before.

The best time of the year to bath is in the Spring, and in harvest, & in the months of May and September.

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The best time of the day to go into the bath is one houre after the sun rising at the least, alwaies provided, that you beak either an houre, or half an houre before, and take a bath either by nature or art: you must cover your head well, so long as you be in the bath, and be- fore you drink not cold drink, although you be very thirsty, but forbear all things that be cold, lest when you are hot within, cold strike suddenly into some principall member, and hurt you.

The time of tarrying in the bath is commonly one houre, but it may be more or less, according to the na- ture of the bath, or humors of the party, at the discre- tion of the wise Physician.

For purging.

In purging these five things ought to be known.	}	<ol style="list-style-type: none"> 1 The humours which aboundeth. 2 The best way to abate it. 3 The strength of the person. 4 The manner of the sickness. 5 The force & nature of the me- dicine.
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For when these things are not considered and obser- ved, many pernicious accidents may follow, and greatly hurt the body.

Good signes generally for purging, are Cancer, Scor- pio, and Pisces, particularly with potions or drinks, the Moon being in Scorpio.

Purge with Electuaries, the Moon being in Can- cer, purge with Pills the moon being in Pisces.

Take preparatives, the moon being in Gemini, Libra, or Aquarius.

Take vomits, the moon being in Aries, Cancer, or Capricornus.

Take Clusters, the moon being in Libra or Scorpio.

To provoke Beltings, the moon being in Cancer, Leo, or Libra.

To stop Fluxes, Rheumes, and Laxes, the moon being in Taurus, Virgo, or Capricornus.

Good to comfort the vertus Attractive, the moon being in Aries, Leo, or Sagittarius.

Good to comfort the vertus Digestive, the moon being in Gemini, Libra, or Aquarius.

Good

Good to comfort the vertue retentive, the moon being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Expulsive, the moon being in Cancer, Scorpio, or Pisces.

For using of Unguents, or plasters, they are best to be applied and used, when the moon is in that member or signe which governeth that part of the body, to which it is applicable.

For sweatings.

Sweatings as they are of two sorts, that is to say, naturall and artificiall, so they are used for two ends and purposes: the Naturall sweat, if good heed be taken in opening of the pores, will dissolve grosse and thick humours, will cleanse the blood, will comfort the spirits, will put away cold, will consume raw humours, qualifie and quench raging fevers, will help numbness, and the dropsie.

The Artificiall sweat will cleanse scabs, put away itch, amend dullnesse in hearing, ease the stone, resolve congealed and cold humours, and melancholly blood.

But for the better performing and effectuall working of these causes, the Counsell of the learned Physician is to be desired and used.

The best of meekest signes to sweat in, are Aries, Leo, and Sagittarius, and that two or three daies after the Change, and at the full moon.

And note that sweating is better to be done, in the evening than in the morning: for when the body hath nourishment within, the spirits shall not so easily be driven forth to the extreame parts.

Note further, that lean folks, and dry or feeble persons, must sweat little, for it will hurt them much: but fat folks, may sweat well, and it will do them much good.

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A brief Description of the four Quarters of
this present year of our Lord God. 1662.

Of Winter.

Winter which is the chiefest foe to the Spring, (the
disgrace of Summer, and the deep debourer of
the fruitfull harvest) began to take his effects, accor-
ding to our usuall computation, on the 11. of Decem-
ber in the year afore-going, at the entrance of the
Sun, into the first minute of the signe Capricornus,
at which time the Sun shall be at his greatest South
declination, from the Equinoctiall line, so that he ris-
eth South-East, and setteth South-West.

Now is the Hyemal or Winter Solstice, for the Sun is
so far removed from our Zenith or verticall point, that
he cannot decline any further, & standeth at a stop or
stay, and then is the shortest day and longest night in
the year, and so this Quarter doth continue untill the
10 of March next following.

This season is by nature cold and moist, unplea-
sant for the most part to travellers either by Sea or
Land, and unto aged persons it is very combrous and
noysome, causing superfluitie of rawnesse, and abun-
dance of cold moistnesse to over flow their bodies, to
their great troubles and disquietnesse.

The diseases and sicknesses, most like to afflict
mens bodies this quarter, will be Rhumes, Coughs,
Poles, quotidian Fevers, Gouts, Pailies, Flurs,
Cramps, Convulsions, Colicples, Apoplexies, Col-
licks, raw undigested Humours, hoarsenesse and
many cold Distillations, into severall parts of the body.

Thus will the stars if God asent,
Whose power alone can all prevent.

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Of the Spring.

THE Sun (which is the eye of the world, the fountain of light, and the chiefe moderator of all the rest of the light) hath like a Great run his race, and finished his revolution (Gradum) throughout the 12 signes, and now this 10 of March beginneth his journey afresh again, and goeth an even course, and so becomes an indifferent Arbiter, betwixt the day and night, and maketh an Equality throughout his whole government, to the great joy and comfort of all his revolved Subjects, chearing with his splendent countenance, the poor weather-worn weeds of this our dark starre of mortality (which the darknes Countenance of winters extremity, had almost subdued) with his excellent piety, whereat the earth begins to smile, and to put on her new apparell, the flourishing Liberty of fresh Flora.

This season is by nature hot & moist, the most temperate time of the year, and the least breeder of sickness that both procure death: and a very convenient time for the removing of sickness and griefes gotten before, and also to avoid and prevent those that are to come: for now the dul senses and spirits of man and other creatures are quickned and revived, and therefore the humours which do abound, and are readiest to oppress nature, are fit to be emptied and avoided whether by blood letting, purging, or otherwise, as the learned Physician shall advise, and as the cause of the disease shall require: such therefore as be diseased, let them not neglect this time.

Sundry sorts of Sickneses, and infirmities are subject to this quarter, as Tertians, and unconstant Fevers, obstructions in severall parts, Iquindies, Swellings, hot Impostumes, Squinancies, bleeding at the Nose, with Pushe, Boyles, small Pox, Lettero paine in the head and eyes, Measels, Kings-evill, Pestilent Fevers, and many other diseases which may proceed of the corruption of the blood.

Infections from the stars may fall,
But one above doth stay them all.

OF

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Of Summer.

Summer the third part of our vulgar year, according to our usuall computation: Now when the Sun hath fully determined the Spring, with his last Stand of Gemini, and moved in his motion, to the highest point of his course, namely to the first entrance of Cancer, which shall be this year the 1. of June. Now is the second Solstice of the year, called the Redivivus or Summer Solstice: For even as the Sun, when he entereth Capricorne, hath his greatest South declination, from the Equinoctiall: So now at his ingresse into the beginning of Cancer, he hath his greatest declination toward the North from the said Equinoctiall line: And even as at that time of the Winter Solstice, he was so far removed from our North point, that he could move no further towards the South, and was therefore to approach again towards our North latitude, at which time he seemeth to stand: So now being come so near to our Zenith that he cannot remove no further towards the North, and is therefore to revert again to the South Latitude. At the first going from us he seemeth also to stand, inasmuch that even as before at his return toward us again, he made with us the shortest day and longest night in the year: So now at his return from us, he maketh with us contrariwise, the longest day and shortest night in the year: afterwards declineth more and more from us, like as before he moved more and more towards us.

This season according to his proper nature, is hot and dry, tyening the humours of mens bodies, into hotness and dryness, resembling the element of fire, and complexion of Choler, bringing all fruits to their ripeness, cattle to their fatness, and men to their strength.

The infirmities likely to molest and trouble us this quarter are according to the judgements of Hippocrates and other learned writers of Physike, are hot burning Fevers, Phlegmes, Inflammations, Plurishes

stiffes, impostumes of the lungs, Sharpnesse of Urine,
Strangury, Ulceration of the blood, Spotted Fevers,
pellilent Fevers, heat of blood, and choler.

Though Starrs incline to work us ill,
All shall be as the Maker will,

Of Autumne.

Autumn, according to our accustomed computation,
the last quarter of the year, beginneth at the Sunns
departure, from the last scruple of Virgo, into the
first entrance of the second Equinoctiall signe Libra,
the which will be this year, on the 13. day of September,
the day and night being of an equall length, as in
the spring: at which time is the Autummall Equi-
noctiall, for even at the Sunns entrance into Aries, the
day increasing from the Winter Solstice, till then
came to be equall with the night, going on still more
and more till the Summer Solstice, when was the
longest day and shortest night: So now the night by
encreasing from the Equivall Solstice, to the Sunnes
ingredience into Libra, hath got to be equall with the
day, and shall encrease more and more, till the Win-
ter Solstice come againe, when the night is longest,
and the day shortest.

This time of the yeare is of it selfe unconstant, and
variable, warme in the day time, and cold in the night.

This quarter because of the inequality of temper-
ature, may as Hippocrates saith, be called the mother of
nurse of deadly sicknesses.

And also Galen saith, that this time of the yeare, is
very dangerous for taking sicknesses.

The bodilij sicknesses and diseases, commonly atten-
ding this time of the yeare, are many as the Stone,
pains in the Back and Reines with stopping, and
surpessing of Urine, much Joynt aches, Sciatickes,
and Gouts, Many quartern Fevers, vertigoes Ap-
oplexies, Palles, Lethargies, Convulsions, Cramp
be.

A Prognostication.

*Hemorrhoids, Fistulas, dysenterie, and Fluxes,
Melancholly distraction, and Obstructions, Consti-
pation and obstruction of the spleen, and such diseases
as may proceed of gross plegme, and Melancholly.*

*Thus every Planet in his kinde,
Is to performe the Almighty minde.*

A Declaration of the inclination, and disposition of the Winds and weather, according to the severall motions, configurations, and influences of the erratically and fixed stars : with the day, houre and minute of the change of the Moone, her full, and quarters : And also the rising and setting of the Sunne in every seventh day of every moneth of this present yeare of our Lord God 1662.

Of January.

Day.	The sun riseth.	The sun setteth.
1.	houre 8. and 3. min.	houre 3. and 57. min.
7.	houre 7. and 56. min.	houre 4. and 4. min.
14.	houre 7. and 46. min.	houre 4. and 14. min.
21.	houre 7. and 34. min.	houre 4. and 26. min.
28.	houre 7. and 23. min.	houre 4. and 37. min.

Last quarter the 2 day 59. min. after mid-day frosty and cold.

New moon the 9 day 51. min. after 10. of the clock at night, inclined to frost.

First quarter the 16 day 34 min. after 11. of the clock at night, cloudy weather.

Full moone the 24 day 50. min after 5. of the clock in the morning, answerable to the season.

Januaries Abstract.

In this moneth let not blood, neither use but little phlegm, except great necessity constraines thee, and beware of taking cold, for this moneth Rheums and Flegme, doe much increase : to fast long is hurtfull, but to drink white-wine fasting is good and wholesome.

some, use meates that are naturally hot moderately, and wear warm clothes.

In worldly business, this moneth you may set all kind of common fruit-trees, plants, as peares, plums, Alder, walnut, and such like, Hawthorne, and all sorts of quick sets, or plants, are fittest to be generally sett, from the change to the first quarter.

Take away moss and superfluous branches from your trees, and this moneth is good to set beanes, pease, parsnips, leeks, radish, garlike, turnips, and onions, if the weather prove mild, and the moone past the full, you may begin to graft at the end of this moneth, so as the moon be increasing in her light.

Good husbands also this moneth crop trees, fell timber, and geld cattell, such as are to be gelded, the state of the moon always considered.

Of February.

Day.	The sun riseth.	The sun setteth.
1.	houre 7. and 31. min.	houre 4. and 47. min.
7.	houre 7. and 4. min.	houre 4. and 56. min.
14.	houre 6. and 50. min.	houre 5. and 10. min.
21.	houre 6. and 34. min.	houre 5. and 26. min.
28.	houre 6. and 23. min.	houre 5. and 38. min.

Last quarter the 1. day 16. min. after 9. of the clock in the forenoon, some moyst cloudy weather.

New moon the 8. day 23. min. after 4. of the clock in the afternoon sit in the time.

First quarter the 15. day 21. min. after 8. of the clock in the morning, windy and unconstant.

Full Moon the 22. day 5. min. after 11. of the clock at night, whiterly weather.

Februaries Abstract.

In this moneth all stony, Oyl and Rice, and such like, that doe oppilate and stop the Liver and veins, as this ben the blood, are to be eschewed as enemies to health, and also yet forbear Physick, and letting of blood, except necessity do urge, and learned Counsell, do advise you beware now of taking Cold, for now are Agues apt to be taken, and it is very ill to take heats and afterwards sudden cold upon them.

Now is the most apt time to graft or plant, and to set all kind of trees and bushes, the wind and weather, & age of the Moon considered, Pease, Beanes, Hastings, Onions, Parsnips, and such like, as in January, may very well be set in the wane of the Moon.

A Prognostication.

The time is now to take up Gardens, to set and sow all kind of Kitchen Herbs, to set slips, sow herseeds, musterd-seeds, oats, set hops, cut vines, and plant them, stick up your Round ball, east and Westings.

Of March.

Day.	Sun riseth.	Sun setteth.
1.	hour 5. and 40. min.	hour 3. and 40. min.
7.	hour 6. and 8. min.	hour 3. and 32. min.
14.	hour 5. and 34. min.	hour 6. and 36. min.
21.	hour 5. and 16. min.	hour 6. and 44. min.
28.	hour 5. and 22. min.	hour 6. and 38. min.

Last quarter the 13. day 48 min. after 3. of the clock in the morning, temperate and seasonable

New Moone the 10. day 29. min. after 2. of the clock in the morning, suitable for the time.

First quarter the 16. day 3. min. after 7. of the clock at night, moyst and wet weather.

Full moone the 24. day 34. min. after 4. of the clock in the afternoon, reasonable good weather.

Marches Abstract.

In this Month the humours of Mens body begin to encrease, and men grow feeding hardeth grow bland and gross humours, and therefore use meates of good digestion, & such as have good juice: It is a good time to purge and clarify the blood by potions, bathing, and bloodletting, or such other waies as the learned Physitian shall appoint, and as the cause of the disease shall require: Also this month sweetmeats and drinks are commendable.

The time of grafting as yet endreth, together with setting, sowing, prorning, planting of Vines, and Herbs, mullein, oates, pease, onions, parsnips, and such like.

Of April.

Day.	The sun riseth.	The sun setteth.
1.	hour 3. and 6. min.	hour 6. and 42. min.
7.	hour 3. and 34. min.	hour 6. and 36. min.
14.	hour 4. and 39. min.	hour 7. and 6. min.
21.	hour 4. and 29. min.	hour 7. and 21. min.
28.	hour 4. and 2. min.	hour 7. and 31. min.

Last

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Last quarter the 1. day 14. min. after 3. of the clock in the afternoon, Temperature and seasonable.

New moon the 3. day at 11. of the clock in the afternoon, hot cloudy weather.

First quarter the 15. day 4. min. after 6. of the clock in the morning, apt for the time.

Full Moon the 23. day 13. after 9. of the clock in the forenoon, some April Showers.

Aprils Abstract.

In this month of April, the parts of mans body are open, and apt to receive Physick, and they that receive the same, I counsel them in the height of nature, for of all times of the year, this is the best time to prevent causes of sickness, as for speedy remedy in extremities, for now nature hath run in strength through all the body: so where sickness hatheneth the same suborneth by means of Physick, wherefore what it cannot doe now, will hardly be done hereafter, therefore take time while time is, &c.

As yet you may graze and mowet stirs, and till let melons, citrons, colicowders, artichokes, and yale-hops, sow barley, Tanners apply themselves to barking of trees.

Of May.

Day. The sun riseth.

The sun setteth.

1.	houre 4. and 23. min.	houre 7. and 37. min.
7.	houre 4. and 19. min.	houre 7. and 43. min.
14.	houre 4. and 5. min.	houre 7. and 55. min.
21.	houre 3. and 46. min.	houre 6. and 4. min.
28.	houre 3. and 40. min.	houre 6. and 18. min.

Last quarter the 1 day, 19. min. after 3. of the clock in the morning, fine weather.

New moons the 7. day, about 8. of the clock the at night, unconstant weather.

First quarter the 14. day 54. min. after 7. of the clock at night, windy weather.

Full Moons the 22. day, about 12 of the clock at night, wind and moystrate.

Last quarter the 30. day, 43. min. after 10. of the clock in the forenoon, suing the season.

Mayes Abstract.

In this month rise early, for May hath not love any long good, and let such as bee in health and able walke into the fields, and eate and drinke the bestime, for it is good and wholesome, abstain from all mentes that be of a hot nature:

. A Prognostication.

And such as be sick, it is a very good time of the yeare to let blood, or to take Physick: such as be whole, can keepe them in health, and such as be sicke, God send them good Physicians and Physick.

The time is now fitting to sow Barrell, Marjoram and such fine seedes as before might not be sowne, because of the coldnesse of the weather. Set Sage according to the proverbe, set sage in May and it will last alway, sow flax and hemp, set Kitchokes, weebe your Hops, and Gardens, see to your grasses that no superfluous branches trouble them. May bein, Rosemary flowers, and Orange flowers, may at your pleasure be cutt in this moneth, and now also have a care of watching your bees.

Of June.

Day.	The sun riseth.	The sun setteth.
1.	houre 3. and 49 min.	houre 8. and 11. min.
7.	houre 3. and 46 min.	houre 8. and 14. min.
14.	houre 3. and 47 min.	houre 8. and 13. min.
21.	houre 3. and 49 min.	houre 8. and 11. min.
28.	houre 3. and 52 min.	houre 8. and 8. min.

New moone the 6. day 31. min. after 2. of the clock in the morning, reasonable faire.

First quarter the 13. day 52. min. after 11. of the clock in the forenoon, reasonable faire.

Full moone the 21. day 49. min. after 12. of the clock, sitting the season.

Last quarter the 28. day, 18. min. after 4. of the clock in afternoon, hot weather.

Iunes Abstract.

In this moneth, if thou must needs use Physick, take it early in the morning, that it may have wrought before the heate of the day, and use a light and thin wet, for the stomack is not able to digest as in winter, or in some of the former monthes, and it is very good and convenient for some to drinke clarified wyne, boyled with cold beates, and to abstaine from violent exercise.

Distilling of roses, making of Symps and conserves, are now in pynne, now gather such herbs as you meane to keepe all the yeare, but be sure you dry them in the shade: Goodhusbands and husbandes are now weeding their corn

and gardens. & others hearing these things, the time comes
to let rosemary, & gill-flowers, take heed of cutting hedge
or trees or herbs with knife, but rather gather them with
your fingers, now you may let saffron, carry out compass.
make hay, old gardens of maries, ants, or plumes, &c.

Of July.

Day. The sun riseth.

The sun setteth.

- | | |
|-----|----------------------|
| 1. | hour 8. and 54. min. |
| 7. | hour 8. and 59. min. |
| 14. | hour 4. and 7. min. |
| 21. | hour 4. and 10. min. |
| 28. | hour 4. and 10. min. |

- | |
|----------------------|
| hour 8. and 6. min. |
| hour 8. and 1. min. |
| hour 7. and 58. min. |
| hour 7. and 40. min. |
| hour 7. and 30. min. |

New moon the 5. day 19. min. after 11. of the clock in
the forenoon, inclined to some rain.

First quarter the 13. day, 49. min. after 4. of the clock in
the morning, cloudy and moist.

Full Moon the 20. day, about 11. of the clock at night,
pleasant weather.

Last quarter the 27. day 15. min. after 9. of the clock at
night, sitting the season.

Julies Abstract.

[In this month use cold herbs & meates, abstaine from
physick, and note the rivers are more infectious then the
baths, let the sun be up before you walke abroad, in the time
of any pestilence or plague, keep your chamber window
hut, opening them when the sun hath force of shining, and
be sure to perfume your chambers every morning with
sarre upon a chaldish of coales, then which nothing is
better, and use Cardus Benedictus, boyled and drinke fasting.

Hay harvest now calles slack husbands to worke, and such
as have leasure, it is good to fallow for wheat, & to carry out
soyle, & to gather seedes & flowers to keepe all the yeare, and
to dry them in the shade, till they be almost dry, and then set
them a while in the sun, & in like manner you may use yone
herbs.

Of August.

The sun riseth.

The sun setteth.

- | | |
|-----|----------------------|
| 1. | hour 4. and 36. min. |
| 7. | hour 4. and 48. min. |
| 14. | hour 5. and 0. min. |
| 21. | hour 5. and 16. min. |
| 28. | hour 5. and 27. min. |

- | |
|----------------------|
| hour 7. and 54. min. |
| hour 7. and 13. min. |
| hour 7. and 4. min. |
| hour 6. and 44. min. |
| hour 6. and 33. min. |

New

A Prognostication.

New Moone the 3. day 27. min. after 10. of the clock at night, reasonable tempe ate.

First quarter the 11. day, about 11. of the clocke at night, some showers.

Full moone the 19. day 6 min. after 10. of the clock in the forenoone, clouds for moystie.

Last quarter the 26. day, 47 min. after 1. of the clock in the morning, faire weather.

Augusts Abstract.

In August, moderate dyet is good Physick, for now it is dangerous to surfeit, and take heede of beates and chere of colles, for nothing looses ingendereth Blurriness, and use not to sleep much, especially in the afternoone, for making operations and for abating of humors and head-ach & Coughs, and make let a man abstaine from physick except necessarily bee compelled.

Plain Lady Caree looks to have men enough to attend her, shee that should have good seedes for their gardens the next yeare, must now gather of their stone, lest in buying they lose their labour and their money, and such as desire so have lettuce, as other beards for winter, may sow seedes in the increase of the moone.

Of September.

Day.	The sun riseth.	The sun setteth.
1.	houre 5. and 34. min.	houre 6. and 26. min.
2.	houre 5. and 46. min.	houre 6. and 14. min.
12.	houre 6. and 2. min.	houre 5. and 58. min.
22.	houre 6. and 14. min.	houre 5. and 46. min.
32.	houre 6. and 26. min.	houre 5. and 34. min.

New Moone the 1. day 8. min. after mid day, seasonable and temperate.

First quarter the 10. day, 3. min after 4. of the clock in the afternoone, faire and windy.

Full moone the 17. day, 38. min. after 7. of the clock at night, some stormes to be expected.

Last quarter the 24. day 36. min. after 10. of the clock in the forenoone, inclined to raine.

Septembers Abstract.

In this moneth such as have need, may safely take physick, also may bath and bleed. In this moneth all things are in their proper nature and vertue, and such fruits as are ripe and not infected, are good to eat for such as have good stomachs: Time is good to make conserve of Barbories, and Antiques, winter beards may now be sowne, likewise is the time to set Artichokes, Rose trees, Apple trees, Wardens,

straw.

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Strawberries, violets, gilliflowers; Apples are to be gathered in the full of the moon, (see Marston's) and in any weather gather your Peas; Good husbandry is sowing Rye and Wheat, good husbandry is making of Marrow, and plucking of Hens.

Of October.

Day.	The sun riseth.	The sun setteth.
1.	houre 6. and 34. min.	houre 5. and 26. min.
7.	houre 6. and 46. min.	houre 5. and 14. min.
14.	houre 7. and 8. min.	houre 5. and 2. min.
21.	houre 7. and 19. min.	houre 4. and 45. min.
28.	houre 7. and 26. min.	houre 4. and 34. min.

New Moone the 2. day 25. min. after 4. of the clock in the morning, answerable to the season.

First quarter the 10. day about 8. of the clock in the morning, reasonable good weather.

Full moone the 17. day, about 5. of the clock in the morning, cloudy and windy.

Last quarter the 24. day 51. min. after 9. of the clock at night, reasonable faire.

New moon the 31. day, 56. min. after 10. of the clock at night, mayst raise weather.

Octobers Abstract

[In this month thou mayest take Rhyetie and also bath if occasion serve, wit hot incises and blisters, and use good wholesome wines to nourish good blood, and beware of taking cold, because the quartaine Ague will be apt to be taken, and such other dangerous and ill diseases.

Remove young trees, as apples, peares, plumbs, quinces, roses, &c. let peas, parsnips, &c. good husbandry is not to be gotten to sowing of wheat, let nuts, acorns, and Filberts, and doing of such good husbandry.

Of November.

Day.	The sun riseth.	The sun setteth.
1.	houre 7. and 33. min.	houre 4. and 27. min.
7.	houre 7. and 42. min.	houre 4. and 18. min.
14.	houre 7. and 52. min.	houre 4. and 8. min.
21.	houre 8. and 3. min.	houre 3. and 57. min.
28.	houre 8. and 9. min.	houre 3. and 51. min.

First quarter the 8. day, 57. min. after 9. of the clock at night, apt for the time.

Full moone the 15. day, 49. min. after 2. of the clock in the afternoon, cloudy and unconstant.

Last

A. Prognostication

First quarter the 22. day 3. min. after 1. of the clock in the afternoon, frosty & good weather.

New Moore the 30. day 46. min. after 5. of the clock in the afternoon, frosty & cold weather.

Novembers Abstract.

In November thrust the physick you meane to take, & so rest till March, except some great necessity doe constrain you. Use goodmeate, and bullocke urine to nourish the blood, provide the warme cloathing and goe dry of the feet, or else be sure to be troubled with the Rume and Itch, besides some other inconvenience that will ensue. Beware of the hot house this month, and use Betony and Cinamon in drink.

In the new of the Moone, you may remove young trees, as in the last month, and let Countrye Stockes to graze on, when you please, it is good time in the wane of the moone to set pease, and beanes, and if the weather be not hard, it is good sowing of Peasentips, good making of malt, and killing of Bees & of swine.

Of December.

Day.	The sun riseth.	The sun setteth.
1.	houre 8. and 12. min.	houre 3. and 48. min.
7.	houre 8. and 14. min.	houre 3. and 46. min.
14.	houre 8. and 15. min.	houre 3. and 45. min.
21.	houre 8. and 12. min.	houre 3. and 48. min.
28.	houre 8. and 7. min.	houre 3. and 53. min.

First quarter the 8. day 41. min. after 9. of the clock in the forenoone, frosty with snow or rain.

Full moon the 15. day 34. min. after 1. of the clock in the afternoon, inclined to snow or rain.

Last quarter the 22. day 24. min. after 8. of the clock in the morning, frosty and cold.

New Moore the 30. day 46. min. after 11. of the clock in the forenoon, windy weather.

Decembers Abstract.

In this month of December, keepe the body and head from cold, and take such meates as be of a hot quality, abstaine from Physick, & let the physician be thy Apothecary, warming cloathing thy nurse, keep company by keeps, and good humilitie by exercise.

Remove trees and bushes, if the weather prove wet and extreme. In the wane of the moone, set beanes, pease, and these fruits that cannot endure the cold, cover them with straw from the frost and snow.

Soli Sapienti Deo Sola Gloria,

F I N I S.